

# HERO3

## W H I T E

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Download the User Manual at  
[gopro.com/support](http://gopro.com/support)

When using your GoPro camera as part of your active lifestyle, always be aware of your surroundings to avoid injury to yourself and others, and to prevent damage to your camera.



Before using your GoPro camera, please read carefully all the safety precautions in the Important Product + Safety Information Guide included with your camera.

## / Hello

Congratulations on your new HERO3 White camera. This Quick Start Guide will show you the basics of capturing life's most incredible moments with your GoPro.

To learn more, download the User Manual at [gopro.com/support](https://gopro.com/support).

### JOIN THE GOPRO MOVEMENT



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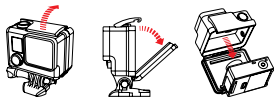


[instagram.com/GoPro](https://instagram.com/GoPro)

## / Getting Started

### STEP 1

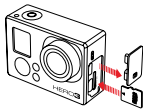
Remove the camera from the housing.



### STEP 2

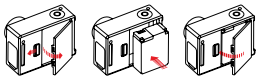
Remove the camera side door and insert a microSD card.

*(Class 10 or UHS-1 required, sold separately.)*



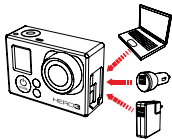
### STEP 3

Remove the camera back door and insert the battery.



### STEP 4

Charge the battery using the included USB cable.



## / The Basics

Shutter/Select Button [  ]

Camera Status Light (red)

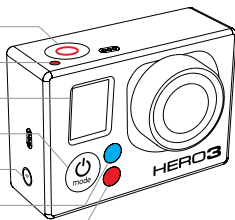
Camera Status Screen

Power/Mode Button [  ]

Wireless On/Off Button [  ]

Wireless Status Light (blue)

Camera Status Light (red)




### POWERING CAMERA ON AND OFF


#### To Power On:

Press the **Power/Mode** button [  ].

#### To Power Off:

Press and hold the **Power/Mode** button [  ] for two seconds.

## / Selecting Camera Modes

Turn the camera on and repeatedly press the **Power/Mode** button [  ] to cycle through the camera modes.



### VIDEO

Record video.



### PHOTO

Capture a single photo.



### BURST

Capture photo bursts.



### TIME LAPSE

Shoot a series of photos at set time intervals.



### SETTINGS


Adjust camera settings.

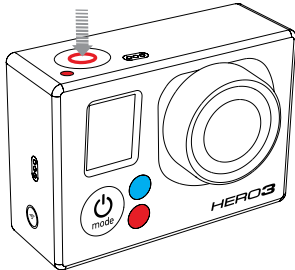


### PLAYBACK\*






Play back your videos and photos on a TV or LCD Touch BacPac™.

## / Capturing Video and Photos

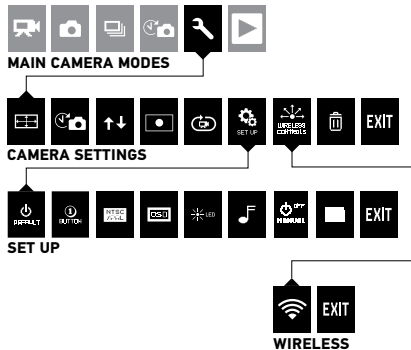
Select your camera mode, then press the **Shutter/Select** button [  ] to start/stop recording or take a photo.



## / Adjusting Camera Settings

1. Press the **Power/Mode** button [  ] to cycle to the Settings mode [  ].
2. Press the **Shutter/Select** button [  ] to enter the Settings menu.
3. Press the **Power/Mode** button [  ] to cycle through the options.
4. Press the **Shutter/Select** button [  ] to select the desired option.

To learn more about settings, download the User Manual at [gopro.com/support](http://gopro.com/support).



Learn more at [gopro.com](http://gopro.com)

## / Mounting Your Camera

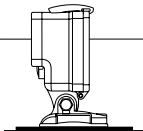
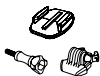
Mount your GoPro to helmets, gear and more with the included Curved + Flat Adhesive Mounts and hardware.

### APPLYING + REMOVING ADHESIVE MOUNTS

Apply adhesive mounts to clean, smooth surfaces at room temperature only, at least 24 hours before use. To remove, heat with a hair dryer then peel off mount.

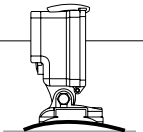
#### FLAT SURFACE MOUNTING

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#### CURVED SURFACE MOUNTING

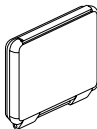
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To learn more about mounting your camera, visit [gopro.com/support](https://gopro.com/support).

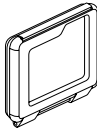
## / Housing Backdoors

Your HERO3 White camera comes with two backdoors, each designed for different uses and environments.



### STANDARD BACKDOOR

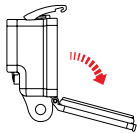
Provides waterproof protection to 131' (40m). Use when shooting under water or in wet, damp or dirty conditions.



### SKELETON BACKDOOR

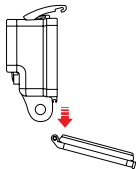
Not waterproof—use in dry, dirt-free environments only. Enables enhanced audio capture during low-speed activities.

## / Swapping Backdoors



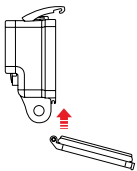
### STEP 1

Open the housing so the backdoor hangs downward.



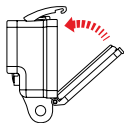
### STEP 2

Pull down on the backdoor until it snaps free from the hinge.



### STEP 3

Align the new backdoor with the hinge.



### STEP 4

Push up on the backdoor until it clicks into place.

## / Playing Back Videos and Photos

There are several ways to play back your videos and view your photos.



### COMPUTER

Connect the camera to your computer with the included USB cable to transfer content for playback.

For help accessing your GoPro content, download the latest GoPro software at [gopro.com/getstarted](http://gopro.com/getstarted).



### LCD TOUCH BACPAC™

This removable LCD touch screen seamlessly attaches to the back of your GoPro, delivering quick playback of videos and photos (sold separately).



### SMARTPHONE + TABLET

Use the GoPro App to play back content on your smartphone or tablet. For more info, see *GoPro App*.



### TV

Connect your camera to your TV with a micro HDMI, composite or combo cable (sold separately), or the included USB cable.

*Note: Some TVs do not support playback via USB cable.*

## / Sharing Videos and Photos

There are a few ways to share your videos and photos.



### COMPUTER

Connect the camera to your computer with the included USB cable to import content for sharing.



### SMARTPHONE + TABLET



Use the GoPro App to share your videos and photos by text, email or on your social networks. For more info, see *GoPro App*.

## / GoPro App

### CONTROL. VIEW. SHARE.

The GoPro App lets you control your camera remotely using a smartphone or tablet. See what your camera sees with live preview. View photos and play back videos, then share your favorites via email, text, Facebook, Twitter and more.

### TO CONNECT TO THE GOPRO APP

1. Download the GoPro App and open it on your smartphone or tablet.
2. Press the **Power/Mode** button [  ] to power on the camera.
3. Press the **Wireless On/Off** button [  ] twice, then press the **Shutter/Select** button [  ] to enter the Wireless menu.
4. Press the **Power/Mode** button [  ] to cycle to GoPro App, then press the **Shutter/Select** button [  ] to select it.
5. Follow the app's on-screen instructions to connect to your camera.

To learn more about the GoPro App, visit [gopro.com/getstarted](http://gopro.com/getstarted).



Available on the  
 **App Store**

GET IT ON  
 **Google play**

 Download from  
**Windows Store**



# / Help and Resources

## **DOWNLOAD THE USER MANUAL**

To learn more about your HERO3 White camera, download the User Manual at [\*\*gopro.com/support\*\*](http://gopro.com/support).

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## **CAMERA SOFTWARE UPDATES**

To get the latest features and best performance from your GoPro, make sure you're using the most current camera software. You can update your camera software at [\*\*gopro.com/getstarted\*\*](http://gopro.com/getstarted).

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## **TUTORIAL VIDEOS**

Watch how-to tutorials and get pro tips + tricks on making the most of your GoPro products at [\*\*gopro.com/getstarted\*\*](http://gopro.com/getstarted).

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## **CUSTOMER SUPPORT**

Need help? Want more info? Find answers to commonly asked questions and contact Customer Support at [\*\*gopro.com/support\*\*](http://gopro.com/support).

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## **REGULATORY INFORMATION**

To see the complete list of country certifications, refer to the Important Product + Safety Information Guide included with your camera.

